



## Preparing for Your Lodging Visit

Accanto Health Lodging welcomes guests of any gender identity/expression who are 18 and older, admitting to PHP/IDP treatment and are unable to participate in treatment without access to housing during treatment.

Guests share bathrooms, kitchen and other common space within the lodging unit/house. Guests will share bedrooms with other guests based on their gender identity/expression (for example, female guests will be matched with other guests identifying as female).

Lodging units are fully furnished. Each guest is provided bedding, towels and washcloths. All consumables (i.e., paper towels, toilet tissue, dish soap, etc.), wifi, cable TV and a phone (for local calls) also are provided.

Accanto Health requires a background check on all clients eligible for lodging at no cost to clients. Health and safety are our first priorities when providing lodging options to clients and background checks help to ensure a safe environment for all lodging guests.

### What to Bring

Lodging cost is \$10/night (\$70/week). You will need a credit card (to keep on file for lodging expenses) and to cover personal toiletries, clothing, etc. You may also wish to bring food/meals for your immediate needs upon arrival. Once you are settled into lodging, food (for outside of programming hours) can be purchased from nearby grocery stores.

Please pack no more than 10 days' worth of clothing as storage space is limited. (A washer and dryer are available onsite. Laundry detergent and dryer sheets are provided.)

**Please do not bring:** Personal bedding (sheets, blankets, pillows, etc.), heating pads, candles, extension cords, power strips, stuffed animals, scales, or appliances other than hair dryers, curling irons, straighteners. Note: You may bring your stuffed animal if directly stepping down from a residential treatment site.

### Vehicles and Transportation to Programming

Lodging guests can bring their own vehicles. Guests are expected to walk or provide their own transportation to and from programming. Lodging sites' proximity to programming follows:

- Minnesota
  - The Park (St. Paul) – easy walking distance
  - West End (St. Louis Park) – easy walking distance
- North Carolina
  - Exchange (Durham) – easy walking distance
- Washington
  - Leeward (Seattle) – easy walking distance
  - Manito (Spokane) – 1.8 miles
- Ohio
  - The Vue (Cleveland) – 1.3 miles

Accanto Health will consider providing transportation in circumstances where each of the following criteria are met: 1. Client does not have a vehicle. 2. Client cannot share a ride with another lodging guest (private vehicle, Uber, Lyft, taxi). 3. Client is unable to walk to the programming site.

## Review These Two Important Documents

**Accanto Health Lodging Rules** includes expectations related to behavior, cleaning, personal items, use of drugs, alcohol and tobacco, visitors, etc. Upon arrival, the lodging coordinator will go over these rules with you and also ask you to sign the **Accanto Health Guest Agreement**. We recommend that you review both of these documents in advance of your arrival at lodging. (Both documents can be found on our websites: [emilyprogram.com](http://emilyprogram.com) or [veritascollaborative.com](http://veritascollaborative.com).)