

MORE THAN

**30 MILLION  
PEOPLE**

in the U.S. will struggle  
with an eating disorder



**LGBTQ**  
individuals  
are more likely  
to struggle  
with an  
eating disorder



Eating disorders are  
**complex** illnesses,  
influenced by a combination  
of **GENETIC,**  
**PSYCHOLOGICAL,**  
**SOCIOCULTURAL,** and  
**PHYSIOLOGICAL** factors



**Eating  
Disorders:**  
Know the facts

Recovery is  
**Possible**

the sooner someone seeks  
help, the better the outcome



Eating  
disorders are  
the **3rd** most  
common  
chronic  
illness in  
teens



More than 70% of  
people don't get  
treatment because of  
**stigma, access  
barriers, and  
misinformation**

One person dies roughly

**EVERY  
HOUR**

from eating disorder  
complications

Eating disorders **DON'T** only affect women...  
at least

**10 MILLION**  **MEN**

will struggle in their lifetime



Eating disorders **don't look a  
certain way.** Sufferers may  
be overweight, underweight  
or an "average" size

There is **HOPE.** The Emily Program provides comprehensive,  
evidence-based care for people of all ages and genders who are  
struggling with eating disorders. Call us today: **1-888-EMILY-77**  
or visit **[www.emilyprogram.com](http://www.emilyprogram.com)** for more information.



**The Emily Program**

The eating disorder specialists